

# MARISSA GHAVAMI

ARTIST, ADVOCATE, PUBLIC SPEAKER



Marissa Ghavami (she/they) is an Iranian-American, queer artist, advocate and public speaker. As an actor, singer, voiceover artist and producer, she has worked alongside Emmy, Grammy, Oscar and Tony nominees and winners, performing professionally in theatre, film and television since she was a child. In 2014, she founded the nonprofit [Healing TREE](#) (Trauma Resources, Education & Entertainment) and served as Executive + Artistic Director for 11 years. She led Healing TREE to collaborate with several of the world's leading trauma experts and internationally renowned artists and to partner with Aetna, which is under the CVS (Fortune 5) umbrella, on a groundbreaking EMDR Therapy Training initiative. She is a public speaker on healing trauma, abuse, resiliency, the nervous system for performers and related topics. She has given keynotes, breakout speeches, workshops, and Continuing Education Units, as well as been a part of post-show talkbacks, film festival panels and podcasts. She is also a healing trauma focused [coach](#) for artists. Marissa miraculously survived a one-on-one cult and healed from Complex Post-Traumatic Stress Disorder (CPTSD) and Psychogenic Non-Epileptic Seizures (PNES), along with symptoms of multiple other mental and physical illnesses. Marissa's speaking engagements merge her stage presence from nearly 3 decades as a professional actor with her lived experience as a survivor turned advocate who has researched healing trauma for 16+ years. Her healing journey is both educational and inspirational for mental health and medical professionals, survivors, artists, students and the general public.

## ENGAGEMENTS INCLUDE...



## SIGNATURE TOPICS



- How The Nervous System Impacts Performance (Workshop for Performing Artists)
- The Resilient Producer: Managing Stress, Emotions and Expectations
- Trauma-Informed Training for Producers
- Mindfulness Training for Creatives
- Trauma and Our Big Dreams
- Using Healing Trauma Techniques to Transcend Tough Times
- The Resilient Workplace: Managing Stress, Emotions and Expectations
- Healing Trauma from a Client's Point of View
- Trauma Bonding Using Real Life Examples
- Red Flags of Abuse and Interpersonal Trauma
- The Journey In and Out of Trauma

Full Bio, Resume & Video Clips: [marissaghavami.com/publicspeaker](https://marissaghavami.com/publicspeaker)

[marissaghavami.com](https://marissaghavami.com) | [healingtreenonprofit.org](https://healingtreenonprofit.org)

[@marissaghavami](https://www.instagram.com/marissaghavami) | [@healingtreeorg](https://www.instagram.com/healingtreeorg)

NYC, willing to travel



"I've been learning about trauma for the last 5 years... and **this was the best presentation I've seen.**"

"... Marissa is an absolutely incredible speaker with an amazing understanding and personal experience... **Everyone should hear this!**"

LET'S WORK  
TOGETHER!

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**BAM**plify